



200 Washington Street, Suite 300  
Watertown, NY 13601  
Phone: (315) 788-8533  
Fax: (315) 788-1726  
Website: [www.ncppc.org](http://www.ncppc.org)

**NORTH COUNTRY PRENATAL/PERINATAL COUNCIL, INC.  
COMPREHENSIVE ADOLESCENT PREGNANCY PROGRAM (CAPP)  
Anne Garno, NCPPC, Director of Education & Enrollment  
Gouverneur Central School District  
2016/2017 Academic Year**

The CAPP project is a five year comprehensive adolescent pregnancy program funded through the New York State Department of Health. The current funding cycle runs from January 2017 to December 2022.

The program utilizes evidence-based curriculums, approved by the District and aligned with the New York State Teaching Standards, to provide education in Middle and High School Health Classes. CAPP offers additional curriculums, such as Circles (relationship curriculum for developmentally disabled youth), Me Too! (a program that strives to provide sexuality education to youth of ALL abilities), and Safe Dates (dating violence and healthy relationships), to districts.

In addition to adolescent pregnancy prevention education, NCPPC has subcontracted with Cornell Cooperative Extension of Jefferson County to provide additional youth education in the areas of nutrition, fitness, and leadership. The educator, Kaci Evans, is available to provide education and youth development activities in health or physical education classes and in after-school programming.

This report will provide a brief overview of the evidence-based programming, along with other education and activities that occurred throughout the year, professional development and staff training, and plans for the upcoming year. Kathleen Hirschey, Angela Wayte, and Anne Garno provided services to the district in the 2016/17 school year.

### **Student Education/Activities Report**

#### **Curriculum Based Programming:**

**Be Proud, Be Responsible (High School)** – six sessions were offered reaching students enrolled in high school health (120 students).

**Making Proud Choices (Middle School)** – four sessions were offered reaching students enrolled in middle school health (88 students). Making Proud Choices was also offered to one group of high school students as it better met their developmental needs than Be Proud, Be Responsible (6 students).

#### **Plans for 2017-18 School Year:**

- Continue to provide Be Proud, Be Responsible and Making Proud Choices in health class
- Assist health teacher with special topics/presentations as requested
- Explore the possibility of offering puberty education at the intermediate level

- Provide professional development workshops for school staff – this may include “Best Practices in Working with LGBTQ Students” and “Youth Mental Health First Aid”
- Work in conjunction with Genesee Valley BOCES to provide additional professional development opportunities including “Best Practices in Sexuality Education” to be offered in October
- Introduce the Cornell educator to health teacher and discuss opportunities for programming
- Explore the possibility of having an educator based at the school on a weekly basis to provide individualized interventions to youth
- Discuss the possibility of a peer education program at the middle or high school level

NCPPC appreciated the opportunity to work with you in the 2016-2017 school year and looks forward to working with you in the upcoming academic year. Thank you for all of your support.



Anne Garno

Director of Education & Enrollment